



buggy malone

| PRE-SCHOOL | SINCE 1990 |

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## FOOD MENU WEEK 1

### MONDAY

08H00 - 8H30 BREAKFAST - SOFT PORRIDGE  
10H00 - SNACK TIME - BISCUITS  
12H00 - LUNCH - BEEF AND CABBAGE CHOP SUEY  
14H30 - SNACK TIME - FRUIT

### TUESDAY

08H00 - 8H30 BREAKFAST - MALTABELLA PORRIDGE  
10H00 - SNACK TIME-FRUIT  
12H00 - LUNCH - SPAGHETTI AND MINCE  
14H30 - SNACK TIME - SANDWICH

### WEDNESDAY

08H00 - 8H30 BREAKFAST - SOFT PORRIDGE  
10H00 - SNACK TIME - SANDWICH  
12H00 - LUNCH - CURRY CHICKEN, MIXED VEG WITH YELLOW RICE  
14H30 - SNACK TIME - FRUIT

### THURSDAY

08H00 - 8H30 BREAKFAST - SOFT PORRIDGE  
10H00 - SNACK TIME - FRUIT  
12H00 - LUNCH - BEEF PASTA AND COLESLAW  
14H30 - SNACK TIME-BISCUITS

### FRIDAY

08H00 - 8H30 BREAKFAST - PORRIDGE  
10H00 - SNACK TIME - FRUIT  
12H00 - LUNCH - MAC AND CHEESE WITH BEETROOT SALAD  
14H30 - SNACK TIME - BISCUITS

EXTRA :  
JELLY AND CUSTARD  
BAK-EN-BROU ( CHILDREN MAKE OWN SNACK TO EAT )  
WATER FREELY AVAILABLE THROUGHOUT THE DAY  
JUICES IN SUMMER AND SOUP IN WINTER

## **FOOD MENU WEEK 2**

### MONDAY

08H00 - 8H30 BREAKFAST - SOFT PORRIDGE  
10H00 - SNACK TIME - SANDWICH  
12H00 - LUNCH - FISH FINGER AND COLESLAW  
14H30 - SNACK TIME-FRUIT

### TUESDAY

08H00 - 8H30 BREAKFAST - MALTABELLA PORRIDGE  
10H00 - SNACK TIME - FRUIT  
12H00 - LUNCH - SPAGHETTI AND MINCE  
14H30 - SNACK TIME - SANDWICH

### WEDNESDAY

08H00 - 8H30 BREAKFAST - SOFT PORRIDGE  
10H00 - SNACK TIME - BISCUIT  
12H00 - LUNCH - HOTDOGS  
14H30 - SNACK TIME - FRUIT

### THURSDAY

08H00 - 8H30 BREAKFAST - SOFT PORRIDGE  
10H00 - SNACK TIME - FRUIT  
12H00 - LUNCH - CURRY CHICKEN, MIXED VEG WITH YELLOW RICE  
14H30 - SNACK TIME - BISCUITS

### FRIDAY

08H00 - 8H30 BREAKFAST - PORRIDGE  
10H00 - SNACK TIME - FRUIT  
12H00 - LUNCH - MAC AND CHEESE WITH BEETROOT SALAD  
14H30 - SNACK TIME - BISCUITS

EXTRA :  
JELLY AND CUSTARD  
BAK-EN-BROU ( CHILDREN MAKE OWN SNACK TO EAT )  
WATER FREELY AVAILABLE THROUGHOUT THE DAY  
JUICES IN SUMMER AND SOUP IN WINTER